



## What You Need to Know About Your Annual Exam

### What Is an Annual Exam?

An annual exam is preventative care intended to help you stay as healthy as possible. Preventative visits are meant to prevent or identify problems before they become significant.

### What Is Covered in Your Annual Exam?

- Review of personal and family medical history
- Comprehensive physical exam
- Routine CDC-recommended vaccinations
- Mammogram, colon, and cervical cancer screening, as recommended
- Preventative blood tests (e.g., cholesterol, diabetes screening)

### What Is NOT Covered in Your Annual Exam?

- Diagnosis and treatment of new or ongoing medical concerns (e.g., allergies, rash, diabetes, hypertension)
- Lab tests for chronic conditions, illness, or injury
- Non-routine tests (e.g., TB testing for work/travel)
- Tests that are not normally needed/recommended due to a patient's age or risk factors
- In-office procedures (e.g., wart removal, suture removal, ear wax removal)
- Specialist referrals for existing conditions

### What If I Need More Than a Preventative Exam?

Talk with your provider about the best way to address additional health concerns. This may require a follow-up appointment. If you need additional care beyond what's covered, your visit may be billed separately, leading to an extra co-pay or out-of-pocket expense.

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UT Health Austin:

